Black Mountain Elementary
Council Policy

Council Policy Type	Policy Number
( ) By-Laws (Council Operational Policy) (X) Function (School Operational Policies)	11.06

POLICY TOPIC DESCRIPTION
. **Wellness Policy**

POLICY STATEMENT
Students K-5 shall engage in at least 150 minutes of planned physical activity each week. Students 6-8 will have 230 minutes of planned physical activity each week. The principal shall incorporate requirements into the schedule with the approval of SBDM council. The schedules will fit within the limits of our building and staffing and be compatible with our school improvement plan. Appropriate accommodation shall be made for students with special needs. Students shall be encouraged to make healthy choices implementing the nutritional standards required by federal and state laws regulations.

1st reading Eddie Stewart March 3, 2011 Council Chairperson	2nd reading Eddie Stewart __ _May 3, 2011_____ Council Chairperson	Adopted Eddie Stewart May 3, 2011 Council Chairperson