

Black Mountain Students Participate in Presidential Physical Fitness Challenge

Students from Black Mountain Elementary recently participated in the Presidential Physical Fitness Challenge. The Challenge consists of completing five tests which are 1) sit-ups, 2) push-ups, 3) 1/4 mile, 1/2 mile or 1 mile run, 4) shuttle-run and 5) sit-and-reach. Participation certificates were given to all students who finished all five tests.

National Physical Fitness Award winners were:

Grades K-3; (L to R): Zack Burgan, Ariel Madden, Jayden Ward, James Ford, Demarco Hopkins. (Not shown: Matt Powers).



Grades 4-8; First row (L to R): Hannah Pittman, Emily Evans, Alyssa Cornett, Maci Osborne, Kayla Burgan; Second Row (Alex Saylor, Leah Gilbert, Rebecca Middleton, Savannah Osborne. (Not shown: Nicole Allen).

