

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Poptart (1 oz. WG) Cinnamon Toast (1oz WG) Choice of Cerel (3/4 cup WG) Pears (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Chicken Biscuit (1.75oz WG/.75oz Meat/MA) Gravy (1/2c) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Applesauce (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Sausage Link /w Pancake Wrap (1M/MA 1 WG) Syrup (IPP) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Fruit Cocktail (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Oatmeal (1/2c) WG Toast (1 oz) Choice of Cereal (3/4 cup WG) Mandarin Oranges (1/2) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Breakfast Pizza (1 oz meat / 1.5 oz WG) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Trix Yogurt (4 oz) w/Bug Bites (1 oz. WG) Peaches (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)

LUNCH

Bar- B- Cutie Sloppy Joes on Bun (2 oz meat 2 WG) Hot Ham/Cheese Sandwich (2 oz meat 2 WG) Fresh Apple (1 whole) Peaches (1/2c) Broccoli W/Cheese (1/2 cup) Sweet Potato (1 whole) lpp Butter (2 pks) Sherbet Choice of Milk (8oz)	Dash Hound Corn Dog (2oz meat, 2 servings WG) Cooked Cabbage (1/2c) Fresh Banana (1 whole) Sidekicks (1/2 c Fruit Juice) Pinto Beans (1/2c) Baked Potato Wedges (1/2c) w/ketchup (2pks) Mustard Greens (1/2c) Combread (2 servings) Mustard (2pks) Choice of Milk (8oz)	Monster Mash Meat Loaf (3/4" slice=2oz meat, 1/2 serv grain) Pork Patty (2 oz Meat) Pineapple Tidbits (1/2c) Fresh Orange (1/2c) Mashed Potatoes (1/2c) w/gravy (1/4c) Peas (1/2c) Wheat Roll (2oz) Choice of Milk (8oz)	Touch Down Pepperoni Pizza (2oz meat/2 servings WG) Sidekicks (1/2c fruit juice) Pear Halves (1/2c) Side salad (1cup) Corn (1/2c) FF Ranch Salad Dressing (1.5oz) FF French Dressing (1.5oz) Choice of Milk (8oz)	Avengers Hamburger/cheese (2.5oz meat/2 WG) Goblin Good Turkey Cheese Sand(2oz meat 2 WG) Fresh Orange (1/2c) Pear Halves (1/2c) Lettuce/tomato (1/2c) Pickle/Onion (1/4c) Oven Baked Fries (1/2c) w/ketchup (2pks) Mustard (1 pk) Mayonnise (1 pk) Choice of Milk (8oz)
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Poptart Choices: Strawberry Chocolate Fudge Brown Sugar Cinnamon	Cereal Choices: Lucky Charms Cocoa Puffs Cinnamon Toast Crunch	Julce Choices: Apple Grape Orange	Milk Choices: 1% Lowfat White 1% Chocolate Fat Free Strawberry Fat Free Skim Fat Free Buttermilk	
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Biscuit (1.75 G .75 MMA) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Gravy (1/2c) Cooked Apples (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Scrambled Eggs (2 oz) WG Toast (1 oz) Choice of Cereal (3/4 cup WG) Donut (1.25 WG) Pineapple Tidbits (1/2 c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Waffle (2 each 1.5 oz WG) Syrup (IPP) Choice of Cereal (3/4 cup WG) Mini Bagels (2oz WG) WG Toast (1 oz) Pears (1/2c) Choice of Juice (4oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz) Choice of Milk (8oz)	Baked Bologna (1 oz Meat) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Mandarin Oranges (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Mini Powdered Donuts (2 oz WG) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Mandarin Oranges 1/2 c Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)

LUNCH

Speedy Gonzalez Fajita w/cheese (2.5 MMA 1 WG) Chicken Casserole W/Slice of Bread (1cup serving credits 2oz MMA, 1ozWG) Lettuce (1/2 cup) Tomato (1/4 cup) Fresh Apple (1 whole .5 cup) Pineapple Tidbits (1/2c) Refried Beans (1/2c) Corn (1/2c) Pepper/Onion (1/4 cup) Spanish Rice (1/2 cup credits 1 WG) Salsa (1/4c) Choice of Milk (8oz)	Bob The Builder Chili/Chips/Cheese (2.5oz meat, 3/8cup vegetable, 1oz WG) Fresh Orange (1whole .5 cup) SideKicks (.5 cup fruit juice) Caesar Salad W/Croutons (1 cup credits .5 cup Dark Green .25 WG) Broccoli Normandy (1/2 cup) Choice of Milk (8oz)	Harry Potters Beef Vegetable Soup (1 cup credits 1/2 oz MMA, 1/2 cup Veg) Johnny Depp's Grilled Cheese Sandwich (Credits 1.5 oz MMA 2 oz WG) Side Salad (1 cup credits 1/2 DG Veg) Pears (1/2c) Fresh Orange (1 whole 5 cup) Saltine Crackers (4 packs 1 oz Grain) FF Ranch Salad Dressing (1.5oz) FF French Salad Dressing (1.5oz) Choice of Milk (8oz)	Sheriff Callies Chicken Patty W/Wheat Roll (2 MMA 3 WG) Mashed Potatoes (1/2c) Gravy (1/4c) Fresh Apple (1 whole .5 cup) Mandarin Oranges (1/2c) Green Beans (1/2c) Broccoli Salad (1/2 cup credits 1/4 c DG) Butter (1 IPP) Sugar Cookie (0.50 ozWG) Choice of Milk (8oz)	Hot Dog (2 MMA 2 WG) Chili Dog (3 MMA 2 WG) Chili Bun (2 MMA 2 WG) Sidekicks(1/2c fruit juice) Peaches (1/2c) Baked Beans (1/2c) Scrappy Tater Tots (1/2c)/ketchup (2pk) Fresh Carrots (1/2c) Mustard (2pk) FF Ranch Dressing (1pk) Mayo (1pk) Onion (1 TBSP) Choice of Milk (8oz)
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Cinnis (2oz WG) WG Toast (1 oz) Choice of Cereal (3/4 cup WG) Trix Yogurt (4oz) Bug Bites (1oz WG) Mandarin Oranges (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Chicken Biscuit (.75oz Meat/1.75oz WG) Choice of Cereal (3/4 cup WG) WG Toast (1 WG) Applesauce (1/2c) Gravy (1/2 c) Choice of Juice (4 oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	French Toast Sticks (1oz) w/syrup (IPP) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Pears (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Breakfast Pizza (1 oz meat 1.5 oz WG) Choice of Cereal (3/4 cu pWG) WG Toast (1 oz) Mandarin Oranges (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly (.5 oz) Strawberry Jam (.5 oz)	Chocolate Muffin (2 oz WG) Choice of Cereal (3/4 cup WG) WG Toast (1 oz) Fresh Orange (1/2c) Choice of Juice (4oz) Choice of Milk (8oz) Grape Jelly/Strawberry Jam (.5 oz)

LUNCH

Chicken Strips (2 meat & .75 wg) Bologna Sandwich (1oz meat, 2 WG) Baked Beans (1/2c) Sandwich Trimmings (1/2c) Macaroni & Cheese (1/2c Grain) Broccoli Salad (1/2c) Pineapple Tidbits (1/2 c) Applesauce (1/2c) Mustard (1pk) 1 slice of WG bread (1oz) Mayo (1pk) Choice of Milk (8oz)	Barn Yard Chicken Nuggets (2oz meal) Pig-In-A-Blanket (2 oz meat 1.75 oz G) Fresh Banana (1 whole) Pineapples (1/2c) Mashed Potatoes (1/2c) Gravy (1/4c) Peas (1/2c) Sugar Cookie (0.5 oz WG) Honey Mustard (1pk) BBQ Sauce (2pk) Choice of Milk (8oz)	Ninja Turtle Cheese Pizza (2oz meat, 2 WG) Sidkicks(1/2c fruit juice) Fresh Orange (1 whole) Side Salad (1c=1/2c dark leafy greens) Carrot Sticks (1/2c) Corn (1/2c) FF Ranch Salad Dressing (1.5oz) Chocolate Chip Cookie (0.50 oz WG) Choice of Milk (8oz)	Spiderman's Web Spaghetti w/meat sauce (2oz meat, 3/8c veg, 1 serving WG) Turkey & Cheese Sandwich (2oz meat, 2 serving WG) Fresh Apple (1 whole) Pineapple Tidbits (1/2c) Green Beans (1/2c) Parsley Potatoes (1/2) Lettuce/tomato (1/2c) Side Salad w/ Ranch & French Dress. Garlic Toast (1oz WG) Mustard (1pk) Mayonnaise (1pk) Choice of Milk (8oz)	Crabby Patty Hamburger/cheese (2.5oz meat, 2 WG) Baby Carrots(1/2c) Sidekicks(1/2c fruit juice) Peaches (1/2c) Sandwich Trimmings (1/2c) Oven Baked Fries (1/2c) Ketchup (2pks) Mustard (1pks) Mayonnaise (1pk) FF Ranch Dressing (1.5oz) Choice of Milk (8oz)
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Mini Chocolate Donut (2 oz WG)	Scrambled Eggs (2 oz m/ma)	Baked Bologna (1oz)	Breakfast Pizza (1 oz meat 1.5 oz WG)	Sausage Biscuit (1.75oz WG, 1 oz M/MA)
Choice of Cereal (3/4 c WG)	Choice of Cereal (3/4 cup WG)	WG Toast (1 WG)	Trix Yogurt (4oz W Bug Bites 1ozWG)	Gravy (1/2c)
WG Toast (1 WG)	WG Toast (1WG)	Choice of Cereal (3/4 cup WG)	Choice of Cereal (3/4 cup WG)	Choice of Cereal (3/4 cup WG)
Fruit Cocktail (1/2 c)	Mandarin Oranges (1/2c)	Peaches (1/2c)	WG Toast (1WG)	WG Toast (1 WG)
Choice of Juice (4oz)	Choice of Juice (4oz)	Choice of Poptart (1 oz WG)	Pineapple Tidbits (1/2c)	Cooked Apples (1/2c)
Choice of Milk (8oz)	Choice of Milk (8oz)	Choice of Juice (4 oz)	Choice of Juice (4oz)	Choice of Juice (4oz)
Grape Jelly (.5 oz)	Grape Jelly (.5 oz)	Choice of Milk (8oz)	Choice of Milk (8oz)	Choice of Milk (8oz)
Strawberry Jam (.5 oz)	Strawberry Jam (.5 oz)	Grape Jelly (.5 oz)		
		Strawberry Jam (.5 oz)		

LUNCH

Chicken Strip Wrap w /Cheese (2oz meat/1 grain)	Barney's Homemade Beefaroni (3/4c+2oz meat, 3/8 c veg, 1 serv WG)	Olaf'sTaco Salad w/cheese (3oz meat, 1 oz grain)	Porky Pig Baked Ham (2oz)	Super Hero's Hot Dog (2oz meat/2oz WG)
Captain Nemo'sFish Patty on bun (2oz meat/ 2WG)	Turkey and Cheese Sandwich (2oz meat/2 servings WG)	Salsa (1/4c)	Angry Bird Baked Turkey (2oz)	Chili Dog (2.5oz Meat/2oz WG)
Fresh Apple (1 whole)	Lettuce/tomato (1/2c)	Corn (1/2c)	Sidekicks(1/2c fruit juice)	Chili Bun (2oz Meat/2oz WG)
Pineapple Tidbits (1/2c)	Banana (1 Whole)	Refried Beans (1/2c)	Mandarin Oranges (1/2c)	Chicken Salad Sandwich (2ozM/2ozWG)
Lettuce/Tomato (1/2c)	Sidekicks(1/2c fruit juice)	Applesauce (1/2c)	Mashed Potatoes (1/2c)	Peaches (1/2c)
Baked Potato (1 whole) /w Butter (IPP)	Green Beans (1/2c)	Grape Juice (4oz)	Gravy (1/4c)	Fresh Apple (1 whole)
Broccoli /w Cheese (1/2 c)	Side Salad (1c) w/choice of	Lettuce/tomato (1/2c)	Glazed Carrots (1/2c)	Baked Beans (1/2c)
Salsa (1/4c)Sour Cream (1pk)	FF Ranch,French Salad Dressing (1.5oz	Sour Cream (1pk)	Wheat Roll (2oz) 1 Butter	Baked Tater Tots (1/2c)/ketchup (2pk)
Ketchup (2pk)	Garlic Toast (1oz WG)	Choice of Milk (8oz)	Rice Krispie Treat WG	Caesar Salad (1c) = (1/2c dark leafy greens)
Mayonnaise (1pk)	Chocolate Chip Cookie (0.50 oz WG)		Choice of Milk (8oz)	FF Caesar Dressing (1oz)
Tarter Sauce (1pk)	Choice of Milk (8oz)			Mustard (2pk)
Sour Cream (1 pk)				Onion (1 TBS)
Choice of Milk (8oz)				Choice of Milk (8oz)

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