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Poptart/Cinnamon Toast Cereal/toast Fruit Flavored Yogurt Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Pepperoni Pizza Tossed Salad Corn Fresh Oranges Apple or Grape Juice Choice of Low Fat Milk Reduced Fat Dressings Oatmeal Cookie	Fish w/tarter sauce/ketchup Parsley Potatoes Broccoli Normandy Macaroni & Cheese Fresh Oranges Choice of Bread/Buns MG Apple or Grape Juice Choice of Low Fat Milk Oatmeal Cookie	Chef Salad Pasta Salad Fresh Oranges Bacon Bits/Croutons Reduced Fat Dressings Wheat Crackers Apple or Grape Juice Choice of Low Fat Milk Oatmeal Cookie
Hot Cakes/sausage/syrup Cereal/Toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milks	Taco Salad Shredded Cheese Lettuce/tomato Salsa Potato Wedges/ketchup Fresh Apples Grape/Orange Juice Sour Cream Choice of Low Fat Milk	Meat Loaf Mashed Potatoes Peas Fresh Apples Yeast Rolls Grape Juice Orange Juice Choice of Low Fat Milk	Spinach Chef Salad Yogurt/Bug Bites Pea Salad Fresh Apples Bacon Bits/Croutons Reduced Fat Dressings Wheat Crackers Grape or Orange Juice Choice of Low Fat Milk
Ham Biscuit Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Gravy Choice of Low Fat Milks	Chicken Nuggets/sauces Mashed Potatoes Green Beans Peaches Baked Beans Wheat Rolls Apple/Grape/Orange Juice Choice of Low Fat Milk Jell-O	Baked Ham Mashed Potatoes Green Beans Peaches Baked Beans Wheat Rolls Apple/Grape/Orange Juice Choice of Low Fat Milk Jell-O	Chef Salad/RF Dressings Yogurt/Bug Bites Pasta Salad Peaches Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Jell-O
Oatmeal/Toast Cereal/toast Fruit Flavored Yogurt Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Pork Rib Sandwich Pickle & Onions Oven Fries/ketchup Cole Slaw Fresh Grapes Apple Juice Orange Juice Choice of Low Fat Milk Cookie	Chicken Casserole Glazed Carrots Corn Cole Slaw Fresh Grapes Apple or Orange Juice White or Wheat Bread Choice of Low Fat Milk Cookie	Cottage Cheese/frut plate Wheat Crackers Fresh Grapes Apple Juice Orange Juice Choice of Low Fat Milk Cookie
Breakfast Pizza Cereal/toast Fruit Flavored Yogurt Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Hamburger Cheese slice Sandwich Trimmings Oven Fries Pear Halves Apple/Grape/Orange Juice Choice of Low Fat Milk Mustard/Mayo/Ketchup	Beef Vegetable Soup Peanut Butter Sandwich Cheese Sandwich Tossed Salad Pear Halves Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings	Chef Salad Yogurt/Bug Bites Pea Salad Pear Halves Bacon Bits/Croutons Wheat Crackers Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk Reduced Fat Dressings

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Sausage Biscuit Gravy Cereal/Toast	Chicken Fajita Cheese Peppers & Onions	Steak Patty Parsley Potatoes Peas	Chef Salad Pear Halves Pasta Salad
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Cooked Apples Grape Juice Orange Juice Choice of Low Fat Milk	Corn Salsa Pear Halves Pasta Salad Apple/Grape/Orange Juice Choice of Low Fat Milk	Pear Halves Yeast Rolls Assorted Juice Choice of Low Fat Milk Butter/Sour Cream	Bacon Bits Croutons Wheat Crackers Assorted Juice Choice of Low Fat Milk Reduced Fat Dressings
Scrambled Eggs/toast Cereal/toast Poptarts/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Chicken Nuggets Mashed Potatoes Tossed Salad Fresh Banana Wheat Rolls Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings	Open Face Turkey Sand. Mashed Potatoes Brussels Sprouts Fresh Banana Glazed Carrots Grape/Orange Juice Choice of Low Fat Milk	Spinach Chef Salad Yogurt/Bug bites Fresh Banana Pasta Salad Bacon Bits/Croutons Reduced Fat Dressings Wheat Crackers Grape Juice Orange Juice Choice of Low Fat Milk
Poptarts/toast Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Hot Dog-plain Chili Dog Chili Bun Tater Tots/ketchup Baked Beans Mixed Fruit Pasta Salad Apple/Grape/Orange Juice Choice of Low Fat Milk	Baked Ham Mashed Potatoes Peas Baked beans Sweet Potatoes Mixed Fruit Pasta Salad Yeast Rolls Apple/Grape/Orange Juice Choice of Low Fat Milk	Chef Salad Yogurt/Bug bites Pasta Salad Mixed Fruit Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
Baked Bologna/toast Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Corn Dog Potato Wedges Tossed Salad Applesauce Pea Salad Apple/Grape/Orange Juice Choice of Low Fat Milk Mustard/Mayo/Ketchup Reduced Fat Dressings	Spaghetti w/meat sauce Green Beans Baked Potatoes w/toppings Applesauce Tossed Salad Pea Salad Garlic Toast Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings	Spinach Chef Salad Yogurt/Bug bites Pea Salad Applesauce Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
Chicken Biscuit Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Gravy Choice of Low Fat Milk	Chicken Strips Oven Fries/ketchup Beans & Franks Fresh Apple Choice of Sliced Bread Grape or Orange Juice Choice of Low Fat Milk Choice of Dipping Sauces	Chili w/beans Peanut Butter Sand. Grilled Cheese Sand. Tossed Salad/Fresh Apple Saltine Crackers Grape or Orange Juice Choice of Low Fat Milk Reduced Fat Dressings	Chef Salad Yogurt/Bug bites Pasta Salad/Fresh Apple Bacon Bits/Croutons Wheat Crackers Grape or Orange Juice Choice of Low Fat Milk Reduced Fat Dressings

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Oatmeal/toast Cereal/toast Fruit Flavored Yogurt Chilled Fruit Apple Juice Grape Juice	Bosco Pizza Sticks/sauce Tossed Salad Corn Pineapple Tidbits Apple Juice Grape Juice	Beefaroni Green Beans Tossed Salad Pineapple Tidbits Garlic Toast Apple/Grape/Orange Juice	Chef Salad Yogurt/Bug bites Pasta Salad Pineapple Tidbits Bacon Bits/Croutons Reduced Fat Dressings
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Orange Juice Choice of Low Fat Milk	Orange Juice Choice of Low Fat Milk Reduced Fat Dressings	Choice of Low Fat Milk Reduced Fat Dressings	Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
French Toast Sticks/syrup Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Taco's Cheese Lettuce/tomato Salsa Oven Fries/ketchup Peaches Apple/Grape/Orange Juice Sour Cream/Taco Sauce Choice of Low Fat Milk Jell-O	Oven Fried Chicken Mashed potatoes w/gravy Peas Peaches Wheat Rolls Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk Jell-O	Chef Salad Yogurt/Bug bites Pasta Salad Peaches Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings Jell-O
Ham Biscuit Gravy Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Hot Dog-plain Chili Dog Chili Bun Tater Tots Baked Beans Fresh Orange Apple Juice Grape Juice Choice of Low Fat Milk Mustard/Mayo/Ketchup	Pork Loin Patty Baked Potato Green Beans Glazed Carrots Fresh Orange Yeast Rolls Apple Juice Grape Juice Choice of Low Fat Milk Butter/Sour Cream	Chef Salad Yogurt/Bug bites Pasta Salad Bacon Bits Croutons Wheat Crackers Fresh Orange Apple/Grape Juice Reduced Fat Dressings Choice of Low Fat Milk
Breakfast Pizza Fruit Flavored Yogurt Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Chicken Strip Wrap Lettuce/Tomato/Cheese Reduced Fat Dressings Salsa Green Beans Parsley Potatoes Peaches Apple/Grape/Orange Juice Choice of Low Fat Milk Frz. Juice Bar	Pinto Beans w/onion Kraut & wieners Mustard Greens Peaches Cornbread Apple/Grape/Orange Juice Choice of Low Fat Milk Frz. Juice Bar	Spinach Chef Salad Yogurt/Bug bites Reduced Fat Dressings Peaches Pasta Salad Frz. Fruit Juicee' Apple/Grape/Orange Juice Bacon Bits/Croutons Wheat Crackers Choice of Low Fat Milk
Fresh Cinnamon Rolls Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Hamburger/cheeseburger Sandwich Trimmings Oven Fries Fresh Apples Grape or Orange Juice Choice of Low Fat Milk Mustard/Mayo/Ketchup	Fish on Bun Cole Slaw Oven Fries/ketchup Waldorf Salad Grape or Orange Juice Choice of Low Fat Milk Tarter Sauce	Chef Salad/RF dressings Yogurt/Bug bites Pea salad/Fresh Apple Bacon Bits/Croutons Wheat Crackers Grape or Orange Juice Choice of Low Fat Milk

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Scrambled Eggs/toast Fruit Flavored Yogurt Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Pork Loin Patty Parsley Potatoes Corn Green Beans Pear Halves Wheat Rolls Apple/Grape/Orange Juice Choice of Low Fat Milk Butter/Sour Cream	BBQ Chicken Parsley Potatoes Green Beans Pear Halves Wheat Rolls Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Chef Salad Yogurt/Bug bites Pasta Salad Pear Halves Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
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Chicken Biscuit Gravy Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	BBQ Pork/Sloppy Joe Oven Fries/ketchup Cole Slaw Fresh Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Chicken Vegetable Soup Grilled Cheese Sandwich Peanut Butter Sandwich Tossed Salad Fresh Fruit Crackers Choice of Low Fat Milk Reduced Fat Dressings	Spinach Chef Salad Yogurt/Bug bites Pasta Salad Fresh Fruit Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
Bologna Biscuit Gravy Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Chicken Patty on MG bun Sandwich Trimmings Tater Tots/ketchup Baked Beans Fresh Grapes Apple/Orange Juice Mustard/Mayo/Honey Must Choice of Low Fat Milk	Fish Nuggets/Tarter Sauce Baked Potato Broccoli w/cheese Fresh Grapes Yeast Rolls Apple/Orange Juice Butter/Sour Cream/Ketchup Choice of Low Fat Milk	Baked Ham Baked Potato Broccoli & Cheese Fresh Grapes Yeast Rolls Apple/Orange Juice Butter/Sour Cream/Ketchup Choice of Low Fat Milk
Breakfast Pizza Fruit Flavored Yogurt Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Corn dog Potato Wedges Tossed Salad Mixed Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk Mustard/Ketchup Reduced Fat Dressings	Lasagna Green Beans Mixed Fruit Tossed Salad Garlic Toast Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings Butter/Sour Cream	Spinach Chef Salad Yogurt/Bug bites Pea Salad Mixed Fruit Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings
Sausage Biscuit Gravy Cereal/toast Chilled Fruit Apple Juice Grape Juice Orange Juice Choice of Low Fat Milk	Turkey Sandwich Ham Sandwich Sandwich Trimmings Oven Fries/ketchup Peaches Apple/Grape/Orange Juice Choice of Low Fat Milk Mustard/Mayo	Pork Roast Mashed Potatoes w/gravy Brussels Sprouts Fresh Banana Marinated Vegetables Wheat Rolls Apple/Grape/Orange Juice Choice of Low Fat Milk	Chef Salad Yogurt/Bug bites Pasta Salad Fresh Banana Bacon Bits/Croutons Wheat Crackers Apple/Grape/Orange Juice Choice of Low Fat Milk Reduced Fat Dressings

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